



SERENITY

TREATMENT LIST



FACIAL TREATMENTS

Express Facial

The perfect introduction to Katherine Daniels Skincare products. In this revitalising mini treatment, skin is deeply cleansed and exfoliated prior to an application of a mask and massage.

30min | £28.00

The Skin Bespoke Treatment

Tailor-made to give your skin a substantial treat, ideal when time is of the essence. Includes exfoliation, massage and mask to suit your skin's needs.

60min | £40.00

Express Energising, Radiance Treatment

This treatment will deliver energising and firming minerals to increase moisture levels and plump the skin, giving wrinkle reduction of up to 27% and a translucent radiance you never thought possible in just 40 minutes. Ideal for pre-special occasion or as an express skin overhaul.

40min | £45.00

The Anti-Ageing Deluxe Eye Treatment

A deluxe treatment for your complete eye area, to reduce puffiness and dark circles and capture every smile and frown line. Your complete eye area will be revitalised, hydrated, plumped and bright. For long term effectiveness a course of treatments to suit your skins needs are recommended.

Clinical Efficiency Results* 70% Reduction in wrinkles 85% Revitalised skin 80% Plumped up skin *In-use test with n=20, SIT, Skin Investigation and Technology Hamburg, 2004, Germany

50min | £50.00



The Age Defence Sensitive Skin Treatment

A treatment developed for fragile and sensitive skin issues. Your skin will be calmed, soothed, strengthened and more able to defend itself against premature ageing. You will be indulged in 60 minutes of pure bliss, while your skin receives the ultimate result-driven treatment. For long-term effectiveness, a course of treatments will be recommended depending on your skin's needs.

60min | £60.00

The Deep Cleansing Skin Treatment

A treatment developed to deep cleanse and detoxify your skin, leaving you looking dewy and luminous with a refined skin texture and reduction in pore size. You will be indulged in 60 minutes of pure bliss while your skin receives the ultimate result-driven treatment. For long term effectiveness a course of treatments will be recommended, depending on your skin's needs.

60min | £50.00

The Instant Effect Eye Treatment

The ultimate add-on treatment to enjoy while you're having your manicure or pedicure. Ideal for pre-special occasion. Your skin around the delicate eye area will look visibly luminous, plumped and smooth and will feel hydrated and firm.

20min | £15.00

Clinical Efficiency Results* 70% Reduction in wrinkles 85% Revitalised skin 80% Plumped up skin *In-use test with n=20, SIT, Skin Investigation and Technology Hamburg, 2004, Germany

The Skin Perfecting Anti-Oxidant Treatment

A double mask treatment packed full of powerful superfoods, rich in cell protecting Anti-Oxidants along with Vitamin C for skin luminosity and to boost your Collagen and Elastin production. FucoWhite™ will regulate patchy pigmentation or uneven skin tone. After 1 treatment, your skins youth mechanisms will be ignited, your skin will be perfectly hydrated and luminous in appearance, with a more even colour and perfected complexion. For long term effectiveness or to treat patchy pigmentation a course of treatments will be recommended depending on the needs of your skin.

60min | £65.00

The Age Defence Hydrating Treatment

A treatment developed to hydrate the skin and re-activate the natural oil levels if they are underactive. Your skin will be hydrated, supple and smooth, open pores reduced, fine lines plumped and more able to defend itself against premature ageing. You will be indulged in 80 minutes of pure bliss, while your skin receives the ultimate result-driven treatment. For long-term effectiveness, a course of treatments will be recommended depending on your skin's needs.

80min | £70.00

MASSAGE TREATMENTS

Swedish Massage

A traditional Swedish massage will ease muscle aches and tension, improve flexibility and promote relaxation.

- Back, Neck & Shoulder	30min	£28.00
- Full Body	60min	£40.00

Aromatherapy Massage

Using a blend of aromatherapy oils to suit your needs, you can choose whether to feel relaxed, uplifted or balanced.

- Back, Neck & Shoulder	30min	£30.00
- Full Body	60min	£42.00

Deep Tissue Massage

A firm massage focussing on deeper layers of the muscle, it is especially helpful for chronically tense and contracted areas, such as stiff necks and sore shoulders.

- Back, Neck & Shoulder	30min	£32.00
- Full Body	60min	£45.00

Hot Stones Massage

Using volcanic stones to help ease and smooth away any tension or aching muscles, it is also ideal for the treatment of Haematic or Arthritic conditions, stress, anxiety and also improves circulation.

- Back, Neck & Shoulder	30min	£40.00
- Full Body	60min	£55.00

The Velvet Skin Body Treatment

Using a cocktail of sea salts from around the world to gently buff away dead skin cells, leaving your skin velvety soft and supple.

- Full Body	30min	£28.00
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Indian Head Massage

A traditional Indian technique of treating the upper back, neck, shoulders, face and scalp. This treatment is especially good for relieving stress tension, fatigue, insomnia, headaches and migraines.

- Head, Neck & Shoulders	30min	£30.00
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Pre/Post Natal Massage

A full body massage designed to target areas prone to stress and tension during and after pregnancy.

- Full Body	60min	£40.00
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Serenity Signature Ritual

This luxurious full body treatment begins with an invigorating skin exfoliation to smooth away dead skin cells. Warm oil is poured over the whole body and then massaged into your skin to promote a deep level of relaxation leaving your skin feeling radiant, and your mind relaxed.

- Full Body	90min	£65.00
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NAIL TREATMENTS

Gelish - Performs like Gel, Applies like Polish™

We can give your nails a perfect polished feel with our Gelish treatment which lasts for up to three weeks with no chipping or fading. Gelish is a soak off gel nail product, that is similar, but superior to regular nail polish with no damage to the natural nail, and available in a range of colours.

- Nail Prep, File & Polish	45min	£28.00
- Luxury Manicure	75min	£35.00
- Luxury Pedicure	75min	£38.00

Manicure

Show off your nails when you choose from a range of our manicure treatments, from classic to crazy love! We can clean, shape, soak and remove cuticles to leave you with beautiful looking nails.

- OPI File & Polish	20min	£14.00
- OPI Express Manicure	30min	£20.00
- OPI Luxury Manicure	60min	£30.00

Pedicure

Have your feet groomed to perfection while we shape, soak, scrub your feet's hard skin and remove cuticles. Enjoy a pampering leg and foot massage and choose from one of our OPI nail colours to give your feet a touch of class.

- OPI File & Polish	20min	£14.00
- OPI Express Pedicure	40min	£25.00
- OPI Luxury Pedicure	60min	£30.00

LASH EXTENSIONS & TINTING

Individual Eye Lash Extensions

Individual eyelash extensions open up the eyes, dramatically framing them. Your overall look is improved, confidence boosted and you will never want to be without them!

- Full Set	120min	£50.00
- Flicks	30min	£30.00
- Infills	90min	£30.00

Mink Eye Lash Extensions

Luxury mink eye lashes, softer than regular synthetic eyelashes. Mink eyelash extensions have a gorgeous natural sheen, are feather light and add fullness to take lashes to another level.

- Full Set	120min	£60.00
- Infills	60-90min	£40.00

Tinting

With a hint of tint you can flaunt natural, full-looking brows & lashes for an always polished and put-together look!

- Eyelash	20min	£12.00
- Eyebrow	15min	£10.00
- Eyelash & Eyebrow	30min	£20.00
- Eyelash Lift & Tint	60min	£35.00

WAXING TREATMENTS

Warm (Strip) Waxing

Warm or strip wax is perfect for the fast and effective removal of larger areas and soft hair.

- Full Leg & Bikini Wax	45min	£28.00
- Full Leg Wax	30min	£22.00
- 3/4 Leg Wax	30min	£18.00
- 1/2 Leg Wax	15min	£16.00
- Forearm Wax	30min	£15.00
- Lip Wax	15min	£8.00
- Chin Wax	15min	£8.00
- Back/Chest Wax	30min	£20.00
- Eyebrow Wax	15min	£10.00

Hot (Non-Strip) Waxing

Hot wax is perfect for shorter, thicker more stubborn hairs and more sensitive areas such as the bikini and underarm. Hot wax shrinks around the hair so gripping hairs better and so pulling less on the skin.

- Bikini Wax - Line	15min	£12.00
- Bikini Wax - High Leg	20min	£16.00
- Bikini Wax - Brazillian	30min	£20.00
- Bikini Wax - Playboy	45min	£25.00
- Bikini Wax - Hollywood	45min	£28.00
- Underarm Wax	15min	£12.00

SPRAY TANNING & EAR PIERCING

Xen-Tan Spray Tanning

Xen-Tan is the revolutionary fake tan for people who want to enjoy a gorgeous natural-looking glow that makes them look and feel gorgeous.

- Full Body	30min	£25.00
- 1/2 Body	15min	£18.00

Xen-Tan Express Spray Tanning

This is Xen-Tans longest, richest spray tan ever, with a development time of only 30 minutes! This brand new tan is perfect for clients in a hurry.

- Full Body	30min	£28.00
- 1/2 Body	15min	£20.00

Caflon Ear Piercing

The safest ear piercing system at an affordable price. Your therapist will advise on all aftercare instructions during the consultation.

- Single Ear Piercing	10min	£10.00
- Double Ear Piercing	15min	£20.00



XEN-TAN
FEEL GOOD ALL OVER

OPENING HOURS

Tuesday	09:00 - 17:30
Wednesday	09:00 - 17:30
Thursday	09:00 - 19:00
Friday	09:00 - 17:30
Saturday	09:00 - 13:00

GET IN TOUCH

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